

IT TAKES A COMMUNITY TO HEAL A WARRIOR™

In 2012, the Department of Veterans Affairs Mental Health Services Suicide Prevention Program determined that 22 veterans commit suicide each day in our country. Some veterans experience post-traumatic stress, depression, or suffer from traumatic brain injuries. If you are a veteran or know a veteran who is experiencing any of these conditions, please reach out for help. Together, we can work to prevent 22 per day. Here are some resources to help support the veteran community:

Mission 22 (mission22.com)



Mission 22 supports the veteran community with three main programs; veteran treatment programs, memorials and community social impact. Mission 22 provides treatment programs to veterans for Post-Traumatic Stress, Traumatic Brain Injury and other issues they might be facing. It organizes events and builds memorials to create social impact and awareness for these issues. Mission 22 serves combat veterans, those injured in training who therefore could not deploy and victims of MST. Mission 22 also has an Ambassador volunteer program for people to get involved as well. Ambassadors educate the public on veteran issues, help get veterans into Mission 22 treatment programs and create resources in their communities. Through these three programs, it enables a push for the betterment of our community and support when veterans need it the most, right now.

The 22 Project (support22project.org)



The 22 Project supports underserved war veterans who have traumatic brain injuries and are at risk for depression and/or suicide. In collaboration with physicians, therapists, and health care workers, The 22 Project provides advanced medical treatments to reduce a veteran's risk of depression and/or suicide, including care and evaluation by highly trained board certified physicians, hyperbaric oxygen therapy (HBOT), and essential brain supplements and superfoods, all at no cost to the veteran.