Know where to go for care?

**Urgent Care**
For conditions that require immediate care but are not life-threatening.
- Allergies
- Asthma Attack
- Moderate burns
- Moderate cuts requiring stitches
- Urinary tract infection with fever or flank pain

**Same-Day Care**
For general illnesses or minor injuries that need prompt attention.
- Allergies
- Asthma Attack
- Cold and flu
- Common sprain
- Cuts and scrapes
- Earache
- Minor burns or cuts
- Sinus and ear infections
- Sore throat
- Sports physicals
- Urinary tract infection

**Primary Care**
For conditions that require preventative or ongoing care and are not life-threatening.
- Annual check-ups
- Cough or colds
- Fever
- Lingering pain
- If something causes you concern
- Regular health screenings
- Unexplained weight changes

Primary care is an option for most urgent care conditions, except asthma attacks and minor cuts requiring stitches.

**Emergency Care**
For conditions that are life- or limb-threatening.
- Chest pain
- Difficulty breathing
- Head and eye injuries
- Loss of consciousness
- Major fracture
- Severe bleeding
- Sudden loss of vision or blurred vision

*Types of services vary by community*

Remember, if you have a medical emergency, go to your nearest emergency room or call 911.

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