



Lane County Pain Guidance and Safety Alliance

Notes

April 22, 2020

7:00 am – 8:30 am

Chair: Rick Kincade, MD, Richard.Kincade@lanecountyor.gov

Facilitator: Lucy Zammarelli, Lucy.Zammarelli@lanecountyor.gov

§	Agenda Topics														
1	<p>Welcome, Introductions, and Announcements</p> <p>Introduce yourself and give a brief update on what your organization is doing right now?</p> <ul style="list-style-type: none"> - DEA Announcement on Prescribing. Read the press release here. - Guidance to telehealth prescribing and addresses barriers to prescribing, not necessarily loosening prescribing. Trying to mitigate street drug use. - <p>Those in attendance:</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 33%; padding: 5px;"> <p style="text-align: center;"><u>HIV Alliance</u></p> <p>Robert Barnes Renee Yandel *providing BH in the Prep- clinic using telehealth and syringe exchange and small core team at the office to do crisis case management and assist homeless clients who come in.</p> </td> <td style="width: 33%; padding: 5px;"> <p style="text-align: center;"><u>Integrated Health Clinic</u></p> <p>Sam Ewing</p> </td> <td style="width: 33%; padding: 5px;"> <p style="text-align: center;"><u>Ideal Option</u></p> <p>Rhonda Woodside</p> </td> </tr> <tr> <td style="padding: 5px;"> <p style="text-align: center;"><u>Lane County CHC</u></p> <p>Rick Kincade (Chair) Natalia Uzal (Pharmacy) Jon Duke (Pharmacy) Bill Walter *Also the representative for Naturopathic Physicians for the AACIPM. See the May 13-14 Symposium information here.</p> </td> <td style="padding: 5px;"> <p style="text-align: center;"><u>Lane County LaneCare</u></p> <p>Tara McCullers (TBH) Leilani Brewer Lucy Zammarelli</p> </td> <td style="padding: 5px;"> <p style="text-align: center;"><u>Lane County Methadone Treatment Program</u></p> <p>Doug Bovee Terry Fields</p> </td> </tr> <tr> <td style="padding: 5px;"> <p style="text-align: center;"><u>Lane County Public Health</u></p> <p>Elisabeth Maxwell</p> </td> <td style="padding: 5px;"> <p style="text-align: center;"><u>PacificSource CS</u></p> <p>Justin Montoya Jeanne Savage Britni D'Eliso Kimberly Pittman Michele Zuiderweg</p> </td> <td style="padding: 5px;"> <p style="text-align: center;"><u>RX Clinical Services</u></p> <p>Rachel Monjesky</p> </td> </tr> <tr> <td style="padding: 5px;"> <p style="text-align: center;"><u>Strong Integrated Health</u></p> <p>Scott Pengelley</p> </td> <td style="padding: 5px;"> <p style="text-align: center;"><u>Springfield Treatment Center</u></p> <p>Teri Morgan</p> </td> <td style="padding: 5px;"> <p style="text-align: center;"><u>Trillium CHP</u></p> <p>Coleen Connolly Kim-Giau Tran (Pharmacy)</p> </td> </tr> </table> <p style="text-align: center;"><u>Willamette Family Treatment Services</u></p> <p>Susie Dey, Marc Douthit, and Colleen Smith</p>			<p style="text-align: center;"><u>HIV Alliance</u></p> <p>Robert Barnes Renee Yandel *providing BH in the Prep- clinic using telehealth and syringe exchange and small core team at the office to do crisis case management and assist homeless clients who come in.</p>	<p style="text-align: center;"><u>Integrated Health Clinic</u></p> <p>Sam Ewing</p>	<p style="text-align: center;"><u>Ideal Option</u></p> <p>Rhonda Woodside</p>	<p style="text-align: center;"><u>Lane County CHC</u></p> <p>Rick Kincade (Chair) Natalia Uzal (Pharmacy) Jon Duke (Pharmacy) Bill Walter *Also the representative for Naturopathic Physicians for the AACIPM. See the May 13-14 Symposium information here.</p>	<p style="text-align: center;"><u>Lane County LaneCare</u></p> <p>Tara McCullers (TBH) Leilani Brewer Lucy Zammarelli</p>	<p style="text-align: center;"><u>Lane County Methadone Treatment Program</u></p> <p>Doug Bovee Terry Fields</p>	<p style="text-align: center;"><u>Lane County Public Health</u></p> <p>Elisabeth Maxwell</p>	<p style="text-align: center;"><u>PacificSource CS</u></p> <p>Justin Montoya Jeanne Savage Britni D'Eliso Kimberly Pittman Michele Zuiderweg</p>	<p style="text-align: center;"><u>RX Clinical Services</u></p> <p>Rachel Monjesky</p>	<p style="text-align: center;"><u>Strong Integrated Health</u></p> <p>Scott Pengelley</p>	<p style="text-align: center;"><u>Springfield Treatment Center</u></p> <p>Teri Morgan</p>	<p style="text-align: center;"><u>Trillium CHP</u></p> <p>Coleen Connolly Kim-Giau Tran (Pharmacy)</p>
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<p>Announcements:</p> <p>The BHASC is creating a new workgroup – Community Resilience Workgroup which is dedicating to helping our community recover and build resilience during this time. If you are interested please reach out to Leilani or Lucy. For the group proposal click here.</p> <p>Many providers expressed the challenges members are facing with connections for</p>															



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	<p>telehealth services. Here is a list that was compiled by Emergence about the current “deals” wireless and internet providers are offering.</p> <p>For providers who are in need of PPE from Lane County Public Health: Fill out this application and follow the instructions for submission.</p> <p>Lane County CCOs are expanding their flex fund services to include telehealth technology support for members (i.e. phones, tablets, internet, data plans). PSCS Info: 541-284-7964 and healthrelatedservices@pacificsource.com Additionally if you need a point of contact, Katie Arteaga is the PacificSource team is the lead for the flex funds Member Support Specialists (MSS).</p> <p>TCHP Info: Please fill out this form. Points of contacts are krogers@trilliumchp.com or 541-214-0975 & Kduerst@trilliumchp.com.</p> <p>CCO Provider Support: Pacific Source is opening up an application process for contracted providers to receive Community Excellence Grants funding (capped at \$25K per provider). click here for more information.</p> <p>Trillium CHP has implemented many measures to support telehealth and is in the process of releasing much of the 2019 incentive money in the next few weeks, infusing a large amount of funding to providers.</p>
2	<p>Overdoes Increases and Alcohol Consumption -OLCC News Release</p>
3	<p>Spreadsheet for BH Crisis and Providers https://docs.google.com/spreadsheets/d/1th8egeSkuUaFvH60A6XprDNC2LUspfCGlcs8mrcqgHk/edit?usp=sharing</p> <p>This spreadsheet has a great deal of helpful information for providers for referrals for crisis/urgent and ongoing services, with immediate appointments, open hours, and specific contact information.</p>
4	<p>A. Reporting out from SUDS Agencies</p> <ul style="list-style-type: none"> - Center for Family Development <ul style="list-style-type: none"> o Providing the following services via telehealth: outpatient substance abuse services, therapy, parenting groups, child parent psychotherapy, family consultation, and crisis management. Accepting new client referrals and assessments via telehealth. - CentroLatinoAmericano <ul style="list-style-type: none"> o Providing recovery groups over the phone or online. Groups are Mondays and Fridays from 6pm-8pm and individual and family sessions are based on client need. Information is updated on their Facebook page. - Emergence <ul style="list-style-type: none"> o SUDS, MH and Gambling program services via telehealth (phone or Zoom). Show rate for telehealth has been very good and in some instances better than in person. There are options for tech-limited clients to



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come into the office for telehealth sessions – temperature is taken prior to entry.

- [Ideal Option](#) (Rhonda Woodside)
 - o Update: Rhonda is the only provider for this location. Opened April 1st. The very first visit is via telehealth. Using 8by8 remote application. Open M-Th 7:30am – 6:00pm at 1201 Oak Street. 80% of clients are on opiate replacement (offering Vivitrol-soon and Buprenorphine). Also accepting both CCOs insurance.
- [Integrated Health Clinic](#) (Sam Ewing)
 - o Made adjustments with take home meds for clients so they do not have to be in office much. Groups are not required as they usually are but clients are given numbers of groups they can attend when needed.
- [Lane County Methadone Program](#) (Terry Fields & Doug Bovee)
 - o Update: Stopped all groups and started having people line up 6-feet apart. Started to give massive take-outs and so far so good. Still doing one-on-ones via telephone or online. Dr. Bovee is still seeing patients during the week, practicing social distancing and wearing masks. However, now he is seeing most of his clients via telehealth or over the phone. The Buprenorphine program has switched clients over to telehealth. Slight increase in patient needs: delivery of food, laundry mat services, basic needs.
 - o Expansion Update: The project is still on track and will move in the summer and the second stage will move the last part of the year. Moving to 432 W. 11th in Eugene from the Charnelton Clinic in Downtown Eugene.
- [Serenity Lane](#)
 - o Using RecoveryNow to provide virtual outpatient services (including intensive) and groups. Admitting 7 days a week for detox and residential.
- [South Lane Mental Health](#)
 - o Providing SUDS services for ages 14 and up. Groups and counseling via telehealth. Accepting new clients, intakes and assessments over the phone.
- [Springfield Treatment Center](#) (Teri Morgan)
 - o Moved most clients to take-home medication status. All telehealth sessions are being done including IOP sessions and Matrix support groups for clients currently enrolled and also open to established MAT clients who are interested. If in-person sessions are needed those are done in a large conference room with masks and gloves. Methadone clinic 4 out of 5 days. Noticing that clients who have been moved over to take-home meds have been moved to 1 dose per day due to clients either losing, selling, or not being able to manage their medications appropriately – this is a concern.
- [White Bird Chrysalis](#)
 - o Using Teams (a telehealth system) to provide the following services: SUDS intakes assessments, groups, individual sessions, yoga, peer support, meditation groups along with various groups. Challenge with clients who are tech-limited and exploring setting up remote telehealth



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locations for clients to access. Continue to provide Suboxone treatment for clients in conjunction with WB's Medical team using Teams – where client meets with clinician and doctor for prescriptions.

- [Willamette Family](#) (Colleen Smith & Marc Douthit)

- Sobering & Buckley Detox: Sobering has been suspended since March 16th. Buckley has been open 7 days a week and is taking clients. Shifted to telehealth for buprenorphine provider. Cut down from visitation and 12-step meetings to mitigate the virus. Saw a decrease in people calling in for services in mid-March and had to do some outreach and have been seeing an uptick in April. Client makeup: 55% Opiate, ~30-40% alcohol, 12% stimulants and others at 1-2%. Servicing between 50-60% Lane County CCOs and the rest from other counties. WF has testing and admitting protocols and to date have not had a positive test or hospitalizations due to the virus.
- RAC, Residential, and Medical Update: The RAC and outpatient services are doing 98% telehealth in some instances in-person assessments and sessions depending on client technology availability. Providing food boxes from different local community providers in the area and delivering them to people who cannot leave their homes. Reduced hours at the RAC from 8am-5pm. As of today, going back to in-person intakes with an outreach and engagement counselor. Medical Clinic is doing telehealth except for those who need injections – COVID screenings are being done for clients coming in. Due to lack of PPE WF was not been able to offer their testing to the community so they are using the test for the residential program's admissions. Biggest struggle has been individuals who have limited technology. Women's and Men's residential (80% capacity for men's) is taking new clients and have the same protocols for admission. Admission to residential is being done by quarantine through WF apartments that were converted for isolation. Clients are made aware of the full extent of the process.
- WF is going out to Dusk to Dawn with an outreach team, providing masks and other supplies to at-risk populations. In-person triage if people have health concerns. Also doing crisis and addiction intervention.
- Outpatient Update: IOP and OP DUII are continuing sessions and telehealth groups and accepting new patients and seeing great attendance.

B. Call to Action: Any interest in helping at the shelter sites (Fairgrounds, Springfield Memorial, and River Ave)

- a. The county is working on providing BH services through LCBH at these shelters and SUDS services is needed for this population as well. The services can be provided however the agency would like (telehealth, in-person, or over the phone). Fairgrounds are being managed by St. Vinnies and OCCUPY Medical. Springfield Memorial location is being managed by [Carry it Forward](#) (available as an option to support via Amazon Smile). Sheltering 150 people per night combined at both Eugene and Springfield



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	<p>shelters. The River Avenue site is not operational yet but will be in the next two weeks.</p> <p>b. Willamette Family has expressed interest.</p> <p>C. Provider Discussion: Concern about increase in take-home meds. LC MTP has not seen any problems with clients taking home large amounts of take homes, though a couple of clients had to have their take-homes revoked immediately. WF has seen a few individuals who are not WF clients who have been presenting as unconscious with overdosing, and have seen some individuals who have been abusing medication/over utilizing medication. WF is keeping an eye out for these cases and helping with intervention when appropriate.</p>
5	<p>Naloxone Subgroup Update</p> <p>A couple of meetings have been cancelled due to COVID-19. Community education events has been placed on hold.</p> <p>Data from HIVA: 300 naloxone doses given out in March (mainly syringe exchange clients). 55,000 syringes for the month of March total. Seeing a decrease in the utilization of drop boxes (possibly people not wanting to go out). In April, refilled the LC Sheriff's Department, and Junction City Police used all of their supply and refilled also. If any providers need naloxone or staff trained (via zoom) Renee asked to reach out to her ryandel@allianceor.org or HIVA.</p> <p>Fairgrounds have been provided with training and doses of naloxone.</p>
6	<p>Recovery Subgroup Update</p> <p>Planning has been placed on hold.</p> <p>Oregon Recovers work is still ongoing and Teri and Leilani are participants of the planning group for the Recovery Summit which is scheduled in May. Teri is also a part of the steering committee. Securing funding and sponsorships remains the challenge in planning for the summit.</p> <p>OR Recovers received a grant from Google to launch a recovery website. Providers are invited to list their agency by filling out this quick online form. CFD, CentroLatinoAmericano, Emergence, All Tribes MH Services, WF, Springfield Treatment Center, and Serenity Lane are the agencies currently listed for Lane County.</p>

Next Meeting: May 19, 2020, 7:00am – 8:30am. Standing meeting – 3rd Tuesday of the month.

Meeting Minutes: Leilani Brewer, LaneCare, leilani.brewer@lanecountyor.gov