

Your Pharmacy Benefits with Express Scripts

Express Scripts



Your REMIF medical plan automatically includes prescription drug coverage through Express Scripts (ESI). ESI provides coverage for retail, mail order, and Specialty medications.

Pharmacies

ESI uses all major chain pharmacies and many small independent pharmacies. The major chains include: CVS, Rite Aid, Walgreens, Pharmaca, Lucky, Raley's, Costco, Safeway, and Walmart.

Formulary

A formulary is a list of preferred and non-preferred drugs available to members. The formulary is updated periodically to review drugs for their safety, clinical efficacy, cost, and therapeutic need. When the formulary list changes, ESI will notify you if your medication status changes. A formulary status change can affect your copay, authorizations or the availability of your prescription medication.

Prior Authorizations, Quantity Limits, Step Therapy

The prescription drug program utilizes Prior Authorizations, Quantity Limits and Step Therapy to help control costs.

Prior Authorizations can be approved for specific medications, specific quantities of a medication or authorizations after completing Step Therapy requirements to try lower cost, or lower risk medications. Keep in mind that most Prior Authorizations must be renewed at least annually and sometimes more often. ***If your authorization ends your doctor will need to request a new authorization through ESI. If you encounter any problems, call ESI Member Services at (877) 813-2493 or contact RealCare at (707) 939-8088 for assistance.***

IMPORTANT RX INFORMATION

- **How do I set up Mail Order medications?** You can set up mail order prescriptions online at express-scripts.com. There you can register or log in to your account and transfer your existing prescriptions to ESI for mail order delivery. If you have a new medication to set up, call Customer Service and they'll confirm your new medication with your doctor and set up mail order.
- **What if my drug is not on the formulary list?** Notify your doctor that your drug is no longer on the formulary. Your doctor will be able to access the ESI formulary list and recommend an alternative medication for you. If your doctor determines that you cannot take alternative medication due to medical necessity, he or she can request an authorization for you to continue to use your current medication.
- **Who should I call for help?** Contact the ESI Member Services Department at (877) 813-2493 or contact RealCare at (707) 939-8088 for assistance.

Specialty Medications

Specialty medications are used to treat complex conditions. Some need to be administered by injection or infusion and require special handling or refrigeration, while others are oral or inhaled medications. All Specialty Medications must be obtained through a mail order pharmacy. **ESI's specialty pharmacy is Accredited.**



Often members taking Specialty Medications qualify for manufacturer discounts to offset the cost of medication. **The REMIF Plan automatically applies manufacturer discount coupons when available. This program helps decrease costs for members and the Plan overall. Discounts can change regularly and may be different during the year. Please check with ESI to confirm what your specialty copay will be.**

Registering with Express Scripts



Online access to savings and convenience

Manage your medicines anywhere, any time with [express-scripts.com](https://www.express-scripts.com) and the Express Scripts mobile app

Register now so you can experience:

- **More savings.** Compare prices of medicines at multiple pharmacies. Get free standard shipping* from the Express Scripts Pharmacy.
- **More convenience.** Get up to 90-day supplies of your long-term medicine sent to your home. Order refills, check order status, and track shipments.
- **More confidence.** Talk with a pharmacist from the privacy of your home any time, from anywhere. Find the latest information on your medicine, including possible side effects and interactions.
- **More flexibility.** Download the Express Scripts mobile app to manage your medicines, find nearby pharmacies and get directions, and use your virtual ID card while on the go.

Get Started

Registering is safe and simple. Your information is secure and confidential. Please have your member ID number or SSN available.

- Go to [express-scripts.com](https://www.express-scripts.com), select Register Now or download the Express Scripts Mobile App for free from your mobile device's app store and select Register Now
- Complete the information requested, including personal information and member ID number or Social Security Number (SSN), create your user name and password, along with security information in case you ever forget your password
- Click Register now and you're registered
- On the final page, you can set preferences** now, or later in My Account on [express-scripts.com](https://www.express-scripts.com)
- Click Continue

*Standard shipping costs are included as part of your prescription plan benefit

**Preferences include the option to share your prescription information with other adult members of your household. All covered adults (age 18+) must register separately. When you grant permission to share your prescription information with other registered household members, they can view your information, place orders on your behalf, and more.