




**CITY OF YUBA CITY SENIOR CENTER  
SEPTEMBER 2022 SCHEDULE**

777 Ainsley Ave. (530) 822-4608 Open Mon-Fri 8am-4pm  
Register in-person or online [www.yubacity.net/registration](http://www.yubacity.net/registration)

The Senior Center will be closed  
**Monday, September 5th**  
 in observance of Labor Day

Program	Days	Dates	Time	Fee		Room
				Resident/Non-Res		
Pottery	Monday	Sept 12 – Sept 26	2:00pm - 4:00pm	\$27/\$30		Art
Knitting	Tuesday	Ongoing	10:00am - Noon	Activity Card		Art
Fine Art	Tuesday	Sept 6 – Sept 27	1:00pm - 4:00pm	\$48/\$54		Art
Ceramics	Wednesday	Sept 7 – Sept 28	9:00am - 12:00pm	\$20/\$22		Art
Watercolor Open Studio	Friday	Ongoing	9:00am - 12:00pm	Activity Card		Art
Quilting	Friday	Ongoing	9:00am - 11:00am	Activity Card		Bingo
Body Toning	Monday & Wednesday	Sept 7 – Sept 28	8:15am - 9:15am	\$21/\$23		Fitness
Line Dancing	Monday & Wednesday	Ongoing	10:00am - Noon	Activity Card		Fitness
Beginner Line Dance	Thursday	Ongoing	11:45am-1:00pm	Activity Card		Fitness
Fitness after 50	Tuesday & Thursday	Sept 1 – Sept 29	10:30am - 11:30am	\$27/\$30		Fitness
Yoga Balance	Tuesday & Thursday	Sept 1—Sept 29	9:30am-10:15am	\$27/\$30		Fitness
Yoga	Tuesday & Thursday	Sept 1 – Sept 29	8:15am - 9:15am	\$45/\$50		Fitness
Tai Chi	Friday	Sept 2—Sept 30	10:00-11:00am	\$25/\$28		Fitness
Bingo	Friday	Sept 2, 9, 16, 23, 30	Sales Open- 4:30 pm Sales Close -5:50 pm Bingo Starts @ 6pm	\$10 buy-in		Bingo
Smartphone Help	Wednesday	Sept 14– Android @ 11am, iphone @ 12pm Sept 21– iphone @ 11	11am -1pm	Free, sign-up at front desk		Game
Pinochle	Mon, Tues, and/or Fri	Ongoing	12:00pm-3:30pm	Activity Card		
Hand & Foot	Wednesday	Ongoing	10:30am-3:00pm	Activity Card		Bingo
Bridge	Tuesday & Friday	Ongoing	11:30am-3pm	Activity Card		Game
Poker	Tuesday	Ongoing	12:00pm	Activity Card		Poker
Writer's Workshop	Monday	Sept 12 & 26	10:00-11:30am	Activity Card		Game



FOR MORE INFORMATION ON SENIOR CENTER EVENTS CALL (530) 822-4608



**Free Specialized Phones Presentation**

**Thursday, October 6th 11:30 am**

Amplified    Captioned    Speech Assist    Picture Dial    Portable

An expert will show the phones and explain this state-funded program. There is no cost, obligation, or income requirement.

**The Hauntings of Probate**

**Thursday, October 13th 11:30am**



HMA attorneys will discuss the basics of probate; what it is, why you should avoid it, and how.

**Collette Travel Presentation**

**Thursday, October 27th 10am**

Jay Fehan from Collette Vacations will be here to present upcoming 2023 domestic and international trips available for our group travelers.

**Join us for Waffle Wednesdays!**



Held on the last Wednesdays of the month

9:00 –10:30am

Free Event

Get acquainted with others and learn more about Senior Center programs.

**MARK YOUR CALENDAR!**



**SENIOR  
RESOURCE FAIR  
2022**

**Thursday, November 3rd  
9:00 am -Noon**

- Healthcare    Nutrition
- Legal Services    Caregiver Resources
- Senior Housing
- Transportation    Financial    Retirement
- COVID/Flu Shots & More!

**Yuba City Senior Center  
777 Ainsley Avenue  
For questions call: 530-822-4608**