**Get to Know the A.R.I.S.E Team**

**Brea Bolks, CTRS**
Graduated from Southern Illinois University-Carbondale in August 2010 and has been a practicing Certified Therapeutic Recreation Specialist since November 2010.

Favorite activities: Being outdoors, especially in the mountains, everything that has to do with camping, hosting friends and playing any & every type of game!

Favorite quote: “Don’t ask yourself what the world needs, ask yourself what makes you come alive, and go do that, because what the world needs is more people who have come alive”
- John Eldredge

**Jenni Brown, CTRS**
Graduated from Metro State in May 2017 and has been a practicing Certified Therapeutic Recreation Specialist since November 2017.

Favorite activities: Spending time outdoors, which includes many activities like gardening, prospecting for gold in the mountains, walking my dogs, playing games with family & friends, cooking & crafting!

Favorite Quote: “Go Forward in life with a twinkle in your eye and a smile on your face, but with great and strong purpose.”
- Gordon B. Hinckley

**Beth Schwalbe, CTRS**
Graduated from University of Wisconsin-La Crosse in August 2018 and has been a practicing Certified Therapeutic Recreation Specialist since September 2018.

Favorite activities: Hiking followed by a refreshing stop at a local brewery, camping with gooey s’mores, getting my sweat on with a good workout, and game nights with friends and family!

Favorite quote: “You are braver than you believe, stronger than you seem, and smarter than you think”
- A.A. Milne from Winnie the Pooh