

Moorhead Recreation Center Gymnasium Schedule

November Schedule. *This Schedule is Subject to Change Without Notice*

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
Open Basketball 9:00a – 5:45p	Open Basketball 6:00a – 5:30p	Open Basketball 6:00a – 5:30p	Open Basketball 6:00a – 5:30p	Open Basketball 6:00a – 5:30p	Open Basketball 6:00a – 5:30p	Open Basketball 9:00a – 5:45p
	Fitness Class 5:30p – 7:15p (Court 3)	Fitness Class 9:00a – 10:00a (Court 3)	Fitness Class 5:30p – 7:15p (Court 3)	Fitness Class 9:00a – 10:00a (Court 3)	CLOSED November 11 th in observance of Veterans Day	Closed 11/12/22 9am-1pm FUTSAL
	Pick Up Basketball 6:00p – 7:50p	Pick Up Basketball 6:00p – 7:50p	Pick Up Basketball 6:00p – 7:50p	Pick Up Basketball 6:00p – 7:50p	Pick Up Basketball 6:00p – 7:50p	Closed 11/19/22 9am-1pm FUTSAL
				CLOSED November 24 th in observance of Thanksgiving		

Moorhead Recreation Center Hours: Monday-Friday 6am-8:00pm, Saturday/Sunday 9am-6pm

Due to facility rentals capacity is limited for basketball, call ahead to check for availability at (303) 326-8315

Pick-up basketball games for all ages – 2 half court games – Maximum Capacity 40 Guests

Open Basketball = Open court, free play – **No Personal/Private Training or Practice Allowed**



Expanded Basketball Program Explanations

Basketball Skills – Basketball Skills sessions will provide an opportunity for basketball players to work on their individual skills. Since July of 2020 reservations have been required to use the recreation centers, basketball courts were limited to one individual or one family, during this time we have seen many individuals and families make use of the courts to practice their skills and the Basketball Skills session is an extension of that. Prior to closing in March of 2020, the basketball courts were typically too crowded to give people the opportunity to truly practice their skills. The Basketball Skills session provides the opportunity to individuals and families to reserve one of four baskets to themselves for one hour to practice basketball. No more than 4 people will be allowed on each basket and games or team practices will not be permitted. Reservations for each session will begin 72 hours prior to the start of each session.

13 & Under Basketball – 13 and Under Basketball provides children who are too young to safely play basketball during Pick Up Basketball an opportunity to safely use the basketball courts. During this time pick up games will take place on one cross court and open play will take place on the other half court. Center staff will be able to lower the basketball hoops down to 8 feet without the concern that older players will be hanging on the rim. Nobody over 13 years of age will be allowed onto the court during this session, guardians will watch from the stairs or the adjacent seating areas. Players will need to register to reserve their spot for each session, registration will open 72 hours prior to the beginning of the session.

Pick Up Basketball – Pick-up basketball games will be available to all ages. Pick-up games will be run on each of the two cross courts, scoring will be scored as 1 point, or 2 points and games will be played to 11 points. Winning teams will remain on the court until they lose to an opposing team. Players will need to register to reserve their spot for each session, registration will open 72 hours prior to the beginning of each session.

18+ Pick Up Basketball – Full court pick up basketball games for adult 18 years of age and older. Pick up games will be played to 11 points using the 1s and 2s point scoring system. Winning teams will remain on the court until they lose to an opposing team. 10 players can play on the court at one time and a maximum of 30 payers can register for each session. Players will need to register to reserve their spot for each session, registration will open 72 hours prior to the beginning of each session.

Open Basketball – Open basketball courts with free play. Open basketball will only take place during the slower times of the day and will never take place on weekends, school breaks, or holidays. Players will need to reserve their spot for each session, registration will open 72 hours prior to the beginning of each session. No team practices will be permitted to take place during this time.

Capacity Limits – Limiting capacity for each session will provide basketball players a safe and effective way to play basketball at the recreation centers. In the past there have been so many people on the basketball court that playing basketball was nearly impossible and the safety of staff and guests became a concern.

Staffing and Supervision – Initially, each session will be staffed and monitored by a recreation center staff member to ensure safety and rule enforcement.