ARISE
ADAPTIVE RECREATION AND INCLUSION SERVICES FOR EVERYONE

Encouraging meaningful recreation opportunities and programs for individuals with disabilities to enhance and expand social, cognitive, affective and physical abilities.

ARTS & CULTURE
TUESDAYS GOT TALENT
Ages 13 & older
Experience a variety of talents such as dancing, singing, magic, etc. This is in preparation for the Halloween Talent Show on Oct. 28!
52329 Sept. 6-Oct. 25 (no program Oct. 18)
• Tue., 10 a.m.-noon
• $140 ($112 Resident)
• Central Recreation Center

FANCY FALL CREATIONS
Ages 13 & older
Learn and explore new techniques for art, pottery, music and more.
54168 Nov. 1-22
• Tue., 10 a.m.-noon
• $80 ($64 Resident)
• Central Recreation Center
**AQUATICS**

**ADAPTIVE INTRO TO WATER**
*Ages 4-10 (Over 11, inquire with staff for a needs assessment)*
Participant lead water exposure in a safe, sensory friendly and low-pressure environment. Designed for participants who are not ready for Adaptive Swim Lessons. Class ratios are one instructor to two swimmers.

- **55557** Sept. 1-22
- **55558** Sept. 29-Oct. 27 (no program Oct. 20)
- **55559** Nov. 3-Dec. 1 (no program Nov. 24)
  - Thu., 3:30-4 p.m.
  - Central Recreation Center

**ADAPTIVE SWIM LESSONS**
*Ages 4-10 (Over 11, inquire with staff for a needs assessment)*
Water safety and Level 1 & 2 swim skills introduced and adapted for various levels of swimmers. Designed for participants with disabilities who are not ready for group lessons and with the goal to graduate into group lessons. Class ratios are one instructor to two or three participants.

- **52324** Sept. 1-22
- **52322** Sept. 29-Oct. 27 (no program Oct. 20)
- **54198** Nov. 3-Dec. 1 (no program Nov. 24)
  - Thu., 4-4:30 p.m.
- **52323** Sept. 1-22
- **54195** Sept. 29-Oct. 27 (no program Oct. 20)
- **54199** Nov. 3-Dec. 1 (no program Nov. 24)
  - Thu., 4:30-5 p.m.
- **52325** Sept. 1-22
- **52326** Sept. 29-Oct. 27 (no program Oct. 20)
- **54200** Nov. 3-Dec. 1 (no program Nov. 24)
  - Thu., 5-5:30 p.m.
  - $63 ($50 Resident)
  - Central Recreation Center

**FITNESS/SPORTS/SPECIAL OLYMPICS**

**TOTALLY FIT TUES-NIGHTS**
*Ages 18 & older*
Develop gross motor skills, get exercise and have fun with your friends through a variety of physical activities. Start training for the Adaptive Triathlon in spring 2023.

- **55560** Aug. 16-30*
- **52333** Sept. 6-27
- **52332** Oct. 4-Nov. 1 (no program Oct. 18)
- **54202** Nov. 8-29
  - Tue., 4:30-6:30 p.m.
  - $60 ($48 Resident)*
  - $80 ($64 Resident)
  - Central Recreation Center

**WAKE UP WEDNESDAY**
*Ages 13 & older*
Beat the mid-week slump with variety of creatively cognitively and physically stimulating activities with an opportunity to swim each week.

- **55561** Aug. 17-31*
- **52327** Sept. 7-28
- **52328** Oct. 5-Nov. 2 (no program Oct. 19)
- **54204** Nov. 9-30
  - Wed., 10 a.m.-2 p.m.
  - $120 ($96 Resident)*
  - $160 ($128 Resident)
  - Central Recreation Center

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ARISE

YOUNG ATHLETES IN TRAINING
Ages 4-10 and 11-15
Introduce and improve FUNdamental sport skills. Exposure and experience to variety of sports; focus on football and baseball.

55562 Aug. 13-27*
52330 Sept. 10-Oct. 1
55563 Oct. 8-29
• Sat., 10-10:45 a.m.
• $30 ($24 Resident)*
• $40 ($32 Resident)
• Aurora Sports Park

SPECIAL OLYMPICS FLAG FOOTBALL
Ages 16 & older
Adaptive techniques are used to teach teens/adults with developmental disabilities the fundamentals of a team sport and football. Volunteers and staff may play in positions alongside athletes to provide additional assistance and guidance.

52331 Aug. 13-Oct. 29
• Sat., 11 a.m.-noon
• $31 ($25 Resident)
• Aurora Sports Park

SPECIAL EVENTS
CAMP CHELEY IN ESTES PARK – PENDING PARTICIPATION; SIGN UP FREE TO RESERVE A SPOT
Ages 18 & older
Weekend filled with hiking, archery, fishing, cooperative games, camp fires, rock climbing wall and themed dance. Campers will sleep in large heated cabins on bunk beds.

52334 Oct. 7-9
• Fri.-Sun. 12:30 p.m.-12:30 p.m.
• $275 ($220 Resident)
• Central Recreation Center (pick-up and drop-off)

HALLOWEEN DANCE
Ages 12 & older
We will provide a fun spooky environment for dancing, games, a costume contest and more. Come boogie the night away with your new and old friends.

54167 Oct. 28
• Fri., 6-8 p.m. (dance and games); 8-8:30 p.m. (talent show)
• $5
• Beck Recreation Center

REACH OUT TO ARISE@AURORAGOV.ORG WITH ANY QUESTIONS AND MORE DETAILS REGARDING INFORMATION BELOW!

Inclusion services are offered to provide assistance to all ages of individuals with or without disabilities to participate in recreation programs together. An assessment can be completed to determine what program modifications and/or inclusion aide services are needed.

City of Aurora Financial Assistance & ARISE scholarship funding available for ARISE programs.

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