



**CITY OF SAN BERNARDINO PARKS, RECREATION  
AND COMMUNITY SERVICES DEPARTMENT**

**SENIOR NUTRITION PROGRAM  
SENIORS 60 YEARS OF AGE AND BETTER**

Come join us for a good time and healthy food.  
Lunch meals are served Monday through Friday.

Dinner meals are served Tuesdays through Thursdays. We serve nutritious meals daily.

**SAMPLE MENU:**

Meatloaf	Baked Potato
Stewed Tomatoes	Sliced Pears
Bread	Milk



**60+ Years of Age  
Donation: \$3.75**

**FIFTH ST. SENIOR CENTER**

600 West Fifth Street  
San Bernardino, CA 92410  
Phone: 909-384-5434  
Serving Time: 11:30 am - 12:30 pm  
(Dinner Monday-Thursday 3:00pm - 3:45pm)

**PERRIS HILL SENIOR CENTER**

780 East 21<sup>st</sup> Street  
San Bernardino, CA 92404  
Phone: 909-384-5436  
Serving Time: 11:30 am - 12:30 pm

**HIGHLAND SENIOR CENTER**

3102 East Highland Avenue  
Highland, CA 92346  
Phone: 909-862-8104  
Serving Time: 12:00 pm - 1:00 pm

**NEW HOPE FAMILY LIFE CENTER**

1505 West Highland Avenue  
San Bernardino, CA 92411  
Phone 909-473-0406  
Serving Time: 11:30 am - 12:30 pm

**LYTLE CREEK COMMUNITY CENTER**

380 South "K" Street  
San Bernardino, CA 92410  
Phone 909-384-5424  
Serving Time: 12:00 pm - 1:00 pm

**RUDY C. HERNANDEZ COMMUNITY CENTER**

222 North Logo Street  
San Bernardino, CA 92408  
Phone: 909-384-5420  
Serving Time: 12:00 pm - 1:00 pm

VOLUNTEER FOR THE CITY'S SENIOR NUTRITION PROGRAM. VOLUNTEERS ARE ALWAYS NEEDED.  
CONTACT THE SENIOR NUTRITION PROGRAM AT 909-384-5434.

**FUNDING FOR THIS SERVICE HAS BEEN PROVIDED BY THE SAN BERNARDINO COUNTY  
DEPARTMENT OF AGING AND ADULT SERVICES THROUGH A GRANT AWARD FROM THE  
CALIFORNIA DEPARTMENT OF AGING.**