

# Hernandez Center Programs



## Adults & Seniors

**Adaptive Recreation  
Adult Open Gym**

**Tuesday - Saturday  
Tues, Wed, Fri  
Saturday**

**11:00pm - 1:00pm**

**1:00pm - 4:00pm**

**11:00am - 1:30pm**

**11:00am - 1:00pm**

**12:00pm - 1:00pm**

**Business Basketball  
Senior Nutrition**

**Tuesday & Thursday  
Monday - Thursday**



## Youth



**Computer Lab  
Arts & Crafts  
Homework Help  
Youth Open Gym  
Sports N' Games  
Fine Art  
Martial Arts  
Little Princess Club  
King's Kourt  
Handcraft Creations  
Westside Stepper's Drill Team**

**Tuesday - Saturday  
Tuesday - Saturday  
Tuesday - Friday  
Tuesday - Friday  
Wednesday & Friday  
Wednesday & Friday  
Saturday  
Saturday  
Friday  
Tuesday & Saturday  
Tuesday & Thursday**

**2:00pm - 6:00pm  
3:30pm - 4:30pm  
3:30pm - 5:00pm  
4:00pm - 6:00pm  
4:00pm - 5:00pm  
4:00pm - 5:00pm  
11:00am - 12:00pm  
3:30pm - 4:30pm  
5:00pm - 5:45pm  
4:00pm - 6:00pm  
6:00pm - 8:00pm**



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