



OCTOBER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

Vege Straws
and Oranges

4

Granola Bars
and Yogurt

5

Wheat Thins
and Babybel
Cheese

6

Tortilla Chips
and Salsa

7



10

Ritz Crackers
and Salami

11

Cheerios
and Bananas

12

Pumpkin Patch
Fieldtrip



13

Plantains and
Applesauce

14



17

Dried Apricots
and Pretzels

18

Ritz Crackers
and Cheese

Howl (PM)
 Hunter (PM)

19

Kid's Café
Rice Cake Owl



20

Mini Bagels and
Yogurt

21



24

Cinnamon Apple
Rice Cakes and
String Cheese

25

Pita
and Hummus

26

Goldfish
Crackers and
Dried Coconut

27

Popcorn
and Apples

28



31

Kid's Café
Hot Dog
Mummy



Meadowdale Preschool
Snack Schedule
October 2022

Snacks subject to change based on availability