**COUNCIL ON AGING**

**JUNE MEAL MENU**

<table>
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<th>Tuesday</th>
<th>Friday</th>
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| **June 7**  
    Beef Stroganoff  
    Peas and Carrots  
    Fruit Salad  
    Scotcharoos  

**June 14**  
Pancakes w/Fruit Topping  
Scrambled Eggs w/Salsa  
Sausage, Breakfast Fruit  

**June 21**  
Beef Enchiladas  
Salsa and Sour Cream  
Fresh Veggies  
Grape and Broccoli Salad  
Danish Oatmeal Cookies  

**June 28**  
Chef Salad  
w/Tomato, Ham, Turkey, Cucumber, Cheese, & Boiled Egg  
Roll w/Butter  
Cottage Cheese w/Fruit  

| **June 3**  
    Chicken Parmesan Pasta  
    w/Garlic Butter  
    Beets, Caesar Salad  
    Strawberry Cupcake  

**June 10**  
Chicken Salad on a Bun  
Carrot and Raisin Salad  
Fresh Vegetables  
Sliced Pears  
Lemon Cream Cheese Bars  

**June 17**  
Hawaiian Burger  
w/Ham & Pineapple  
Zesty Pasta Salad  
Chocolate Chip Cookie Bar  

**June 24**  
Cheese Sliders  
Cottage Cheese w/ Fruit  
Three Bean Salad  
Chocolate Chip Cookie  

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All are welcome to join us for a sit down lunch at the Pullman Senior Center, 190 SE Crestview St. Bldg. B

Suggested donation for Council On Aging meals:

- 60 yrs and older $4.25
- 59 yrs and younger $6.50

For to-go meals: sign-up at a previous mealtime, Tuesday or Friday, and come pick-up a meal for a current mealtime. Please pay the donation on the day you pick-up your meal.