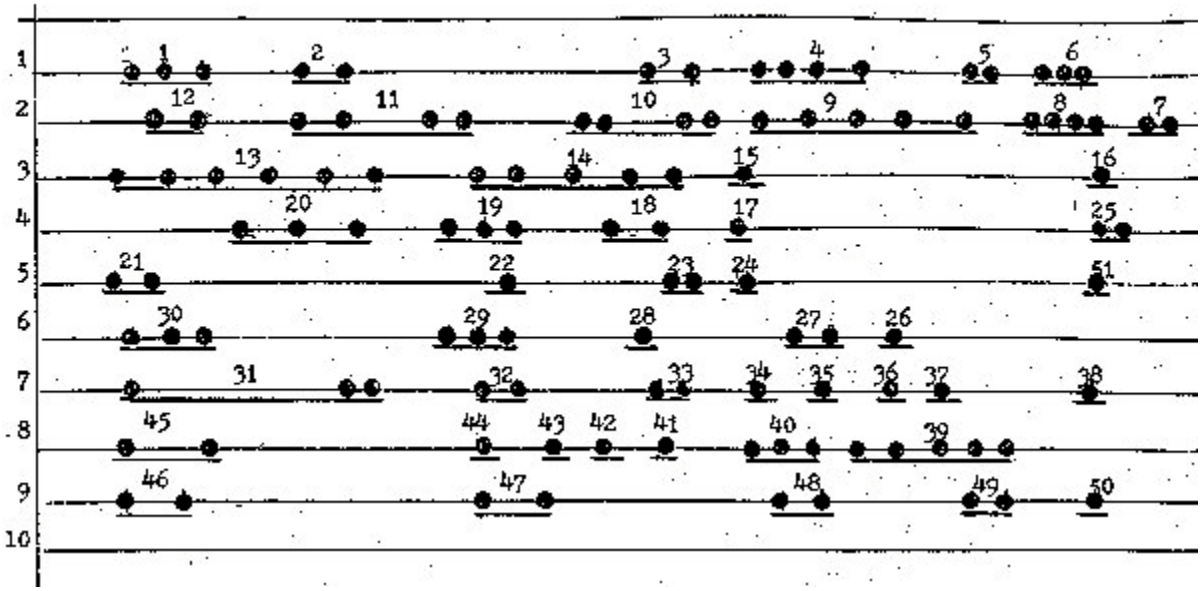Block H