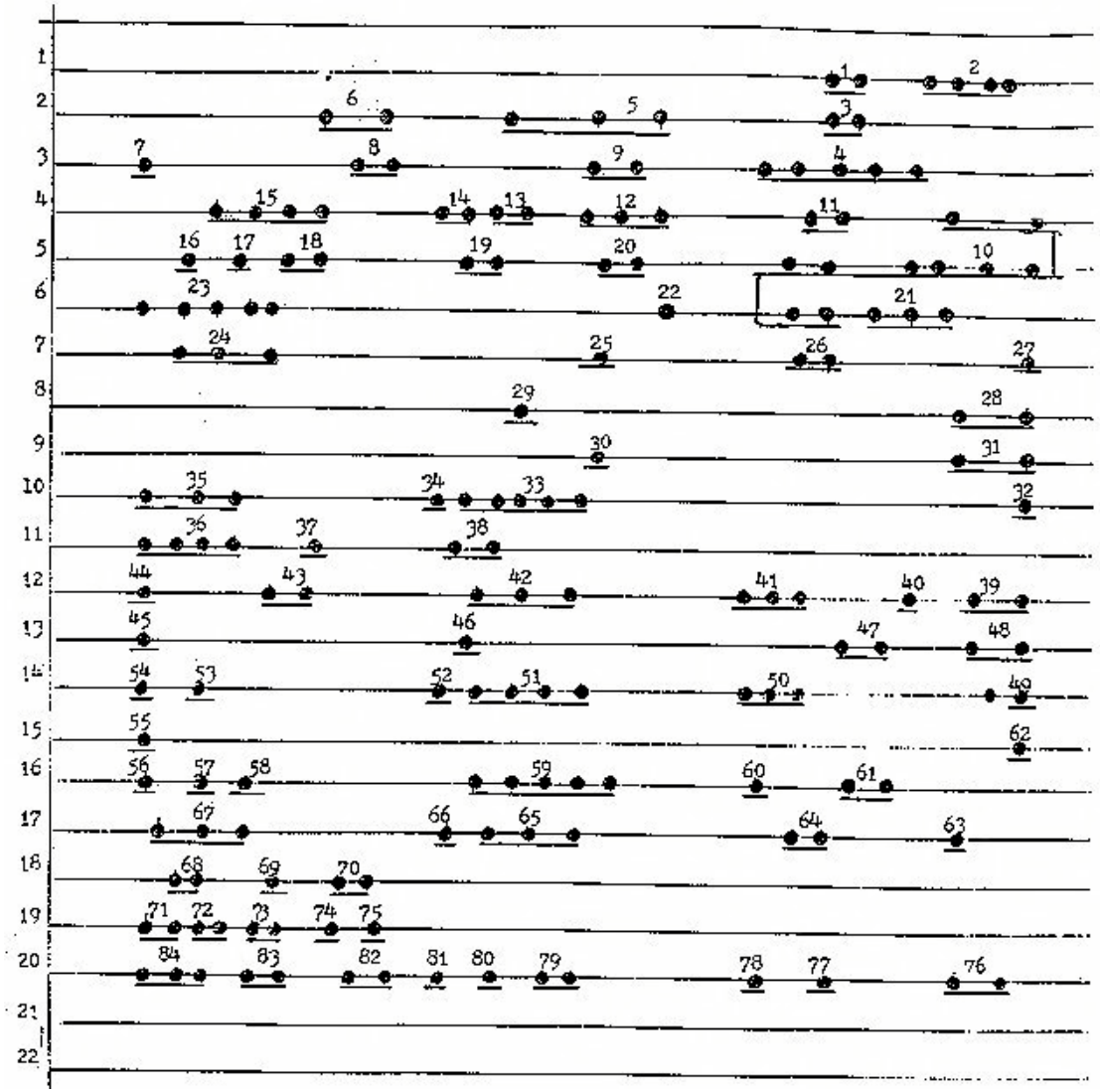Block B