

January 2023 Menu

Douglas County Senior Center

* Milk Served daily*

*Sliced WW Bread available upon Request

*Dessert it Optional

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Holiday Closed</p>	<p>3</p> <p>Tuna Noodle Casserole Italian Cabbage Salad Capri Blend Veggies Apricot Halves Cherry Walnut Dessert</p>	<p>4</p> <p>Turkey & Strawberry Salad (Romaine Lettuce, Turkey Breast, Strawberries, Avocado, Red Onions, Garbanzo Beans Gorgonzola & (Candied Pecans) Bread Stick Lemon Cranberry Muffin</p>	<p>5</p> <p>BBQ Chicken Roasted Vegetables Broccoli Salad Cracked Wheat Bread Strawberries</p>	<p>6</p> <p>Chicken Fried Steak Caesar Salad Mashed Potatoes & Gravy Brussels Sprouts, Apple Juice Coconut Cream Pie</p>
<p>9</p> <p>Chicken Parmesan Tossed Salad With SF Italian Dressing Green Beans Pineapple Chunks</p>	<p>10</p> <p>Beef Chimichangas Shredded Lettuce, Tomato & Cheese, Mexicorn Ranch Style Beans, Apple Juice, Peach Pie</p>	<p>11 Birthday Day</p> <p>Turkey Garden Salad w/ Ranch Dressing, Pear Cup Mash Potato & Gravy Asparagus Tips Cake & Ice Cream</p>	<p>12</p> <p>Chef Salad (Turkey, LS Ham, Lettuce, Tomato & Cheese) Hard Boiled Egg Ranch Dressing Dinner Roll, Red Grapes Ice Cream Sundae</p>	<p>13</p> <p>Turkey Bean Soup Tuna Salad Sandwich Lettuce & Tomato Salad w/Italian Dressing LS Cantaloupe Chunks</p>
<p>16</p> <p>Holiday Closed</p>	<p>17</p> <p>Cheeseburger Skillet Tossed Salad w/Balsamic Vinaigrette Dressing WW Dinner Roll Fruit Cocktail</p>	<p>18</p> <p>Chicken Tenders Ambrosia Salad Macaroni & Cheese Seasoned Green Beans 2 Cookies & Diced Pears</p>	<p>19</p> <p>Sweet & Sour Spareribs Brown Rice Peas & Carrots Tossed Calico Vegetable Salad w/Honey Mustard Drsg Apricot Halves</p>	<p>20</p> <p>Charleston Chicken Over Rice, Broccoli, LS Bacon, Romaine Swiss Salad, Pineapple Juice Angel Food Cake with Fresh Strawberries & Whipped Topping</p>
<p>23</p> <p>Roast Pork Tenderloin Potato Salad Honey Dijon Vegetables Spring Salad Tangy Yogurt Salad Drsg. Simmered Beans w/ Bacon Tropical Fruit Cup</p>	<p>24</p> <p>Taco Salad (Lettuce, Tomato, Cheese) Salsa & Sour Cream Spanish Rice w/Black Beans And Corn Apple Crisp</p>	<p>25</p> <p>Shish Kebab Brown Rice Pilaf Colorful Salad Creamy Italian Drsg. WW Bread Sliced Strawberries</p>	<p>26</p> <p>Salisbury Steak W/ Gravy Mash Potatoes Brussel Sprouts Ambrosia Salad WW Dinner Roll Cranberry Juice Fruit & Pudding Dessert</p>	<p>27</p> <p>Cream of Potato Soup Baked Cod Cajun Style Mixed Vegetables Creamed Corn Muffins Fruit Cocktail</p>
<p>30</p> <p>Chili Cheese LS Hot Dog Waldorf Salad Onion Rings KK Carrots Spice Cake</p>	<p>31</p> <p>Mexican Meatballs Brown Rice Seasoned Zucchini Garden Salad w/ Caesar Dressing Corn Tortilla Fresh Fruit</p>			