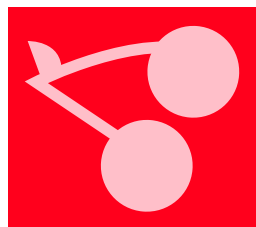




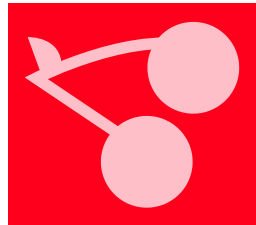
FEBRUARY 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div style="display: flex; flex-direction: column; gap: 5px;"> <div style="display: flex; align-items: center;"> Closure/Holiday</div> <div style="display: flex; align-items: center;"> Senior Membership Required</div> <div style="display: flex; align-items: center;"> Class Fee</div> <div style="display: flex; align-items: center;"> Free for Ages 18+</div> </div>			1 9 a.m.-1 p.m. • Bridge 10-11 a.m. • Intermediate Line Dancing 11 a.m.-12 p.m. • Sit & Fit 1-4 p.m. • Mah Jongg 3:30-4:30 p.m. • Tai Chi	2 9 a.m.-12 p.m. • Learn to Play 42 9 a.m.-12 p.m. • Learn to Play Mah Jongg 11 a.m.-12 p.m. • Sit & Fit	3 9-10 a.m. • Intermediate Line Dancing II 9 a.m.-12 p.m. • Bridge 9 a.m.-12 p.m. • Shanghai Rummy 12-1 p.m. • BINGO sponsored by Century Home Care Partners 1-4 p.m. • Open Game Time	4 1-4 p.m. • Social Saturday: Play games, relax with friends, swap books, or watch sports together
5	6 9 a.m.-12 p.m. • 42 Dominoes 11 a.m.-12 p.m. • Sit & Fit 11:30 a.m.-12:30 p.m. • Nia Fitness (Ages 18+) 2-5 p.m. • Watercolor I (Ages 18+) 6-9 p.m. • Watercolor I (Ages 18+) 6-9 p.m. • Game Night	7 9-10 a.m. • Intermediate Line Dancing II 10 a.m.-1 p.m. • Rummikub 11:30 a.m.-12:30 p.m. • Nia Fitness (Ages 18+) 12:30-3 p.m. • Classic Country & Bluegrass Jam Session 1-4 p.m. • Hand & Foot Canasta	8 9 a.m.-1 p.m. • Bridge 10-11 a.m. • Intermediate Line Dancing 10-11:30 a.m. • Meyer Book Club 11 a.m.-12 p.m. • Sit & Fit 1-4 p.m. • Mah Jongg 3:30-4:30 p.m. • Tai Chi	9 9 a.m.-12 p.m. • Learn to Play 42 9 a.m.-12 p.m. • Learn to Play Mah Jongg 10 a.m.-12 p.m. • Basic Jewelry Making 11 a.m.-12 p.m. • Sit & Fit 2-4 p.m. • Open Art Time	10 9-10 a.m. • Intermediate Line Dancing II 9 a.m.-12 p.m. • Bridge 9 a.m.-12 p.m. • Shanghai Rummy 12-1 p.m. • BINGO 1-4 p.m. • Open Game Time	11 1-4 p.m. • Social Saturday: Play games, relax with friends, swap books, or watch sports together
12	13 9 a.m.-12 p.m. • 42 Dominoes 11 a.m.-12 p.m. • Sit & Fit 11:30 a.m.-12:30 p.m. • Nia Fitness (Ages 18+) 2-5 p.m. • Watercolor I (Ages 18+) 6-9 p.m. • Watercolor I (Ages 18+) 6-9 p.m. • Game Night	14 9-10 a.m. • Intermediate Line Dancing II 10 a.m.-1 p.m. • Rummikub 11:30 a.m.-12:30 p.m. • Nia Fitness (Ages 18+) 12:30-3 p.m. • Classic Country & Bluegrass Jam Session 1-4 p.m. • Hand & Foot Canasta	15 9 a.m.-1 p.m. • Bridge 10-11 a.m. • Intermediate Line Dancing 11 a.m.-12 p.m. • Sit & Fit 11:30 a.m.-1 p.m. • "Brazos Valley African American Museum" by Barry Davis. \$7 per lunch — Larry J. Ringer Library (Ages 18+) 1-4 p.m. • Mah Jongg 3:30-4:30 p.m. • Tai Chi	16 9 a.m.-12 p.m. • Learn to Play 42 9 a.m.-12 p.m. • Learn to Play Mah Jongg 11 a.m.-12 p.m. • Sit & Fit	17 9-10 a.m. • Intermediate Line Dancing II 9 a.m.-12 p.m. • Bridge 9 a.m.-12 p.m. • Shanghai Rummy 12-1 p.m. • BINGO sponsored by TheraCare Home Health 1-3 p.m. • Movie & Popcorn 1-4 p.m. • Open Game Time	18 1-4 p.m. • Social Saturday: Play games, relax with friends, swap books, or watch sports together
19	20 9 a.m.-12 p.m. • 42 Dominoes 11 a.m.-12 p.m. • Sit & Fit 11:30 a.m.-12:30 p.m. • Nia Fitness (Ages 18+) 2-5 p.m. • Watercolor I (Ages 18+) 6-9 p.m. • Watercolor I (Ages 18+) 6-9 p.m. • Game Night	21 9-10 a.m. • Intermediate Line Dancing II 10 a.m.-1 p.m. • Rummikub 11:30 a.m.-12:30 p.m. • Nia Fitness (Ages 18+) 12:30-3 p.m. • Classic Country & Bluegrass Jam Session 1-4 p.m. • Hand & Foot Canasta	22 9 a.m.-1 p.m. • Bridge 10-11 a.m. • Intermediate Line Dancing 11 a.m.-12 p.m. • Sit & Fit 1-4 p.m. • Mah Jongg 3:30-4:30 p.m. • Tai Chi	23 <i>9-10 a.m. • Senior Advisory Group – Southwood Community Center</i> 9 a.m.-12 p.m. • Learn to Play 42 9 a.m.-12 p.m. • Learn to Play Mah Jongg 10 a.m.-12 p.m. • Basic Jewelry Making 11 a.m.-12 p.m. • Sit & Fit 2-4 p.m. • Open Art Time	24 9-10 a.m. • Intermediate Line Dancing II 9 a.m.-12 p.m. • Bridge 9 a.m.-12 p.m. • Shanghai Rummy 12-1 p.m. • BINGO 1-4 p.m. • Book Exchange & Swap Meet 1-4 p.m. • Open Game Time	25 1-4 p.m. • Social Saturday: Play games, relax with friends, swap books, or watch sports together
26	27 9 a.m.-12 p.m. • 42 Dominoes 11 a.m.-12 p.m. • Sit & Fit 11:30 a.m.-12:30 p.m. • Nia Fitness (Ages 18+) 2-5 p.m. • Watercolor I (Ages 18+) 6-9 p.m. • Watercolor I (Ages 18+) 6-9 p.m. • Game Night	28 9-10 a.m. • Intermediate Line Dancing II 10 a.m.-1 p.m. • Rummikub 11:30 a.m.-12:30 p.m. • Nia Fitness (Ages 18+) 12:30-3 p.m. • Classic Country & Bluegrass Jam Session 12-3:30 p.m. • Potluck & Pizza Social: RSVP to 979.764.6270 1-4 p.m. • Hand & Foot Canasta 2-3:30 p.m. • Wearable Arts	<h2 style="margin: 0;">Meyer Senior & Community Center</h2> <h3 style="margin: 0;">Senior Services Calendar</h3> <p style="margin: 0;">Facility Hours • Monday-Friday, 8 a.m.-5 p.m. 2275 Dartmouth Street, College Station, TX 77840 979.764.2670 • cstx.gov/seniors</p>			



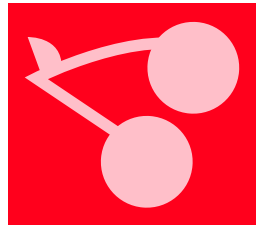
FEBRUARY 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Closure/Holiday</p> <p>Class Fee</p> <p>Must RSVP: 979.764.3779</p>			<p>1 9-9:30 a.m. • Coffee & Chat 9-10 :30 a.m. • Fitness Center & Walking 9 a.m.-1 p.m. • Table Games 10-10:30 a.m. • Blood Pressure Check 11 a.m.-12 p.m. • BINGO 11 a.m.-12:30 p.m. • Hot Lunch 12-1 p.m. • Soul Line Dance Class</p>	<p>2 9-9:30 a.m. • Coffee & Chat 9-10 :30 a.m. • Fitness Center & Walking 9 a.m.-1 p.m. • Table Games 9:15-10 a.m. • Motivational Moments 10-11 a.m. • Foreversize 11 a.m.-12:30 p.m. • Hot Lunch</p>	<p>3 9-9:30 a.m. • Coffee & Chat 9-10:30 a.m. • Fitness Center & Walking 9 a.m.-1 p.m. • Table Games 10 a.m.-12 p.m. • Movie & Popcorn 10 a.m.-12 p.m. • Super Slam Friday 11 a.m.-12:30 p.m. • Hot Lunch</p>	<p>4</p>
<p>5</p>	<p>6 9-9:30 a.m. • Coffee & Chat 9-10:30 a.m. • Fitness Center & Walking 9 a.m.-1 p.m. • Table Games 9 a.m.-2:30 p.m. • Scrapbooking Crop 9:15 a.m.-12 p.m. • Introduction to Scrapbooking 11 a.m.-12:30 p.m. • Hot Lunch</p>	<p>7 9-9:30 a.m. • Coffee & Chat 9-10:30 a.m. • Fitness Center & Walking 9 a.m.-1 p.m. • Table Games 10-11 a.m. • Foreversize 11 a.m.-12:30 p.m. • Hot Lunch</p>	<p>8 9-9:30 a.m. • Coffee & Chat 9-10:30 a.m. • Fitness Center & Walking 9 a.m.-1 p.m. • Table Games 9:30-11 a.m. • Arts & Crafts 11 a.m.-12 p.m. • BINGO 11 a.m.-12:30 p.m. • Hot Lunch</p>	<p>9 9-9:30 a.m. • Coffee & Chat 9-10:30 a.m. • Fitness Center & Walking 9 a.m.-1 p.m. • Table Games 10-11 a.m. • Foreversize 11 a.m.-12:30 p.m. • Hot Lunch</p>	<p>10 9-9:30 a.m. • Coffee & Chat 9-10:30 a.m. • Fitness Center & Walking 9 a.m.-1 p.m. • Table Games 11 a.m.-12:30 p.m. • Hot Lunch 11 a.m.-1:30 p.m. • Valentine's Day Social: RSVP to 979.764.2670</p>	<p>11</p>
<p>12</p>	<p>13 9-9:30 a.m. • Coffee & Chat 9-10:30 a.m. • Fitness Center & Walking 9 a.m.-1 p.m. • Table Games 9:15 a.m.-12 p.m. • Introduction to Scrapbooking 11 a.m.-12:30 p.m. • Hot Lunch</p>	<p>14 9-9:30 a.m. • Coffee & Chat 9-10:30 a.m. • Fitness Center & Walking 9 a.m.-1 p.m. • Table Games 10-11 a.m. • Foreversize 11 a.m.-12:30 p.m. • Hot Lunch</p>	<p>15 9-9:30 a.m. • Coffee & Chat 9-10:30 a.m. • Fitness Center & Walking 9 a.m.-1 p.m. • Table Games 11 a.m.-12 p.m. • BINGO 11 a.m.-12:30 p.m. • Hot Lunch 11:30 a.m.-1 p.m. • "Brazos Valley African American Museum" by Barry Davis. \$7 per lunch — Larry J. Ringer Library (Ages 18+)</p>	<p>16 9-9:30 a.m. • Coffee & Chat 9-10:30 a.m. • Fitness Center & Walking 9 a.m.-1 p.m. • Table Games 10-11 a.m. • Foreversize 11 a.m.-12:30 p.m. • Hot Lunch</p>	<p>17 9-9:30 a.m. • Coffee & Chat 9-10:30 a.m. • Fitness Center & Walking 9 a.m.-1 p.m. • Table Games 10 a.m.-12 p.m. • Super Slam Friday 11 a.m.-12:30 p.m. • Hot Lunch 7-9:30 p.m. • Seniors Night Out: Dancing & Games</p>	<p>18</p>
<p>19</p>	<p>20 9-9:30 a.m. • Coffee & Chat 9-10:30 a.m. • Fitness Center & Walking 9 a.m.-1 p.m. • Table Games 9 a.m.-2:30 p.m. • Scrapbooking Crop 9:15 a.m.-12 p.m. • Introduction to Scrapbooking 11 a.m.-12:30 p.m. • Hot Lunch</p>	<p>21 9-9:30 a.m. • Coffee & Chat 9-10:30 a.m. • Fitness Center & Walking 9 a.m.-1 p.m. • Table Games 11 a.m.-12:30 p.m. • Hot Lunch</p>	<p>22 9-9:30 a.m. • Coffee & Chat 9-10:30 a.m. • Fitness Center & Walking 9 a.m.-1 p.m. • Table Games 9:30-11 a.m. • Arts & Crafts 11 a.m.-12 p.m. • BINGO 11 a.m.-12:30 p.m. • Hot Lunch</p>	<p>23 9-9:30 a.m. • Coffee & Chat 9-10 a.m. • Senior Advisory Group – Southwood Community Center 9-10:30 a.m. • Fitness Center & Walking 9 a.m.-1 p.m. • Table Games 11 a.m.-12 p.m. • Be Well, Live Well sponsored by Texas A&M Agrilife Extension 11 a.m.-12:30 p.m. • Hot Lunch</p>	<p>24 9-9:30 a.m. • Coffee & Chat 9-10:30 a.m. • Fitness Center & Walking 9 a.m.-1 p.m. • Table Games 10a.m.-12 p.m. • Themed Birthday Party: Winter Fun 11 a.m.-12:30 p.m. • Hot Lunch</p>	<p>25</p>
<p>26</p>	<p>27 9-9:30 a.m. • Coffee & Chat 9-10:30 a.m. • Fitness Center & Walking 9 a.m.-1 p.m. • Table Games 9:15 a.m.-12 p.m. • Introduction to Scrapbooking 11 a.m.-12:30 p.m. • Hot Lunch</p>	<p>28 9-9:30 a.m. • Coffee & Chat 9-10:30 a.m. • Fitness Center & Walking 9 a.m.-1 p.m. • Table Games 10-11 a.m. • Foreversize 11 a.m.-12:30 p.m. • Hot Lunch</p>	<p>Lincoln Recreation Center Senior Services Calendar 1000 Eleanor Street, College Station, TX 77840 979.764.3779 • cstx.gov/seniors</p>			



FEBRUARY 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p> Closure/Holiday</p> <p> Class Fee</p> <p> Senior Membership Required</p>			<p>1 10:30-11:30 a.m. • Beginning Line Dance 1-2:30 p.m. • Foreversize</p>	<p>2 10:30-11:30 a.m. • Beginning Line Dance Workshop 12:30-1:30 p.m. • Gentle Yoga</p>	<p>3 10:30-11:30 a.m. • Beginning Line Dance 6-8 p.m. • First Friday Bingo</p>	4
<p>5</p>	<p>6 10:30-11:30 a.m. • Beginning Line Dance 1-2:30 p.m. • Foreversize</p>	<p>7 9-10 a.m. • Beginner Yoga 1-2 p.m. • Advanced Beginner Line Dance</p>	<p>8 10:30-11:30 a.m. • Beginning Line Dance 1-2:30 p.m. • Foreversize</p>	<p>9 10:30-11:30 a.m. • Beginning Line Dance Workshop 12:30-1:30 p.m. • Gentle Yoga</p>	<p>10 10:30-11:30 a.m. • Beginning Line Dance</p>	11
<p>12</p>	<p>13 10:30-11:30 a.m. • Beginning Line Dance 1-2:30 p.m. • Foreversize</p>	<p>14 9-10 a.m. • Beginner Yoga 1-2 p.m. • Advanced Beginner Line Dance</p>	<p>15 10:30-11:30 a.m. • Beginning Line Dance 11:30 a.m.-1 p.m. • "Brazos Valley African American Museum" by Barry Davis. \$7 per lunch — Larry J. Ringer Library (Ages 18+) 1-2:30 p.m. • Foreversize</p>	<p>16 10:30-11:30 a.m. • Beginning Line Dance Workshop 12:30-1:30 p.m. • Gentle Yoga 5:30-6 p.m. • Aggieland Fly Fishers Educational Session 6:30-8 p.m. • Aggieland Fly Fishers Club Meeting</p>	<p>17 10:30-11:30 a.m. • Beginning Line Dance</p>	18
<p>19</p>	<p>20 10:30-11:30 a.m. • Beginning Line Dance</p>	<p>21 9-10 a.m. • Beginner Yoga 1-2 p.m. • Advanced Beginner Line Dance</p>	<p>22 10:30-11:30 a.m. • Beginning Line Dance</p>	<p>23 9-10 a.m. • Senior Advisory Group 10:30-11:30 a.m. • Beginning Line Dance Workshop 12:30-1:30 p.m. • Gentle Yoga</p>	<p>24 10:30-11:30 a.m. • Beginning Line Dance 6:30-8:30 p.m. • Games for All</p>	25
<p>26</p>	<p>27 10:30-11:30 a.m. • Beginning Line Dance 11:45 a.m.-1 p.m. • Birthday Lunch 1-2:30 p.m. • Foreversize</p>	<p>28 9-10 a.m. • Beginner Yoga 1-2 p.m. • Advanced Beginner Line Dance 6:30-8:30 p.m. • Games for All</p>	<p>Southwood Community Center Senior Services Calendar 1520 Rock Prairie Road, College Station, TX 77845 979.764.6351 • cstx.gov/seniors</p>			