



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Legend</u></p> <p>FW – Fitness Wellness Room WS – Whistle Stop CN – CN Crossing GTT – Grand Trunk Trail CW – Chesapeake Way WA – Wabash Line</p>	<p>1:30 Trivia 3:00 One to One Visits</p> <p>Civic Holiday</p>	<p>9:30 Exercise Class – FW 10:00 Euchre Group – WS 11:00 One to One Visits 1:15 Family Connections 2:30 Residents' Council Meeting – CN Happy Birthday Goldie!</p>	<p>10:00 Family Feud – CW 11:00 Outdoor Strolls 2:30 Bingo – WA</p>	<p>9:30 Exercise Class – Fitness Wellness Room 10:00 Catholic Service – CW 1:30 One to One Visits 2:30 Penny Auction – CW</p>	<p>9:30 Get Energized! – Fitness Wellness Room 10:00 Manicures 2:30 Pub Cart 6:30 Scrabble Group – CN</p> 	<p>10:00 Floral Arranging</p>
<p>1:30 One to One Visits 2:30 Church Service/Hymn Sing</p>	<p>10:00 Timmies Coffee Break 1:00-4:00 Music Therapy Visits 2:30 Name That Tune – CW</p>	<p>9:30 Exercise Class – Fitness Wellness Room 10:00 2Hands Clay – WS 1:15 Family Connections 2:00 Birthday Cake Delivery Happy Birthday Sybil!</p>	<p>10:00 Famous Faces 2:30 Bingo – WA</p>	<p>9:30 Exercise Class–FW 10:00 Catholic Service–CW 2:00 Music with Cam! – Outdoor Pavilion 5:00 Dinner Club: By Invitation 6:15 Golf Cart Rides Happy Birthday Marlene!</p>	<p>9:30 Get Energized! – Fitness Wellness Room 1:30 Folding 2:30 Nature Show 4:00 One to One Visits 6:30 Target Toss</p>	<p>11:00 One to One Visits</p>
<p>1:30 One to One Visits 2:30 Church Service/Hymn Sing</p> <p>Happy Birthday Jane!</p>	<p>10:00 Timmies Coffee Break 1:00-4:00 Music Therapy Visits 2:00 Painting Group</p>	<p>9:30 Exercise Class – FW 10:00 Euchre Group – WS 10:00 Super Quiz 1:15 Family Connections 2:30 Music with Joanne Room to Room 2:30 Travelogue 6:15 Movie Night – GTT</p>	<p>10:00 Shuffleboard 11:00 Yahtzee 1:1 1:30 Strolls 2:30 Bingo – WA</p>	<p>9:30 Exercise Class – Fitness Wellness Room 10:00 Manicures 10:00 Catholic Service – CW 1:30 Dice Game</p>	<p>9:30 Get Energized! – Fitness Wellness Room 10:00 Crossword – CW 2:30 Lawrence Welk Show</p>	<p>“Breathe the sweetness that hovers in August.” – Denise Levertov</p>
<p>“Happiness is not by chance, but by choice.” – Jim Rohn</p>	<p>10:00 Timmies Coffee Break 1:00-4:00 Music Therapy Visits 2:30 Jeopardy</p>	<p>9:30 Exercise Class – FW 10:00 Euchre Group – WS 10:00 What's Baking? 1:15 Family Connections 2:30 Music with Ken Lighheart! 6:30 I Love Lucy – CN</p>	<p>10:00 Who, What, Where? 11:00 Strolls 1:30 Quiet Moments 2:30 Bingo – WA 6:30 Trivia – CN</p>	<p>9:30 Exercise Class – Fitness Wellness Room 10:00 Catholic Service – CW 1:30 Sorting 2:30 Active Game</p>	<p>9:30 Get Energized! – Fitness Wellness Room 10:00 Manicures 2:30 I Love Lucy Show 6:30 Musical Show – CN</p>	<p>10:00 Word Game – CW</p> 
<p>1:30 One to One Visits 2:30 Church Service/Hymn Sing</p>	<p>10:00 Timmies Coffee Break 1:00-4:00 Music Therapy Visits 1:30 Décor Takedown 2:30 Men's Club</p>	<p>9:30 Exercise Class – FW 10:00 Euchre Group – WS 12:00 Wabash BBQ Lunch – Outdoor Pavilion 1:15 Family Connections 2:30 Catholic Communion Service – GTT</p>	<p>1:30 Strolls 2:30 Bingo – WA 4:00 Calendar Visits 6:30 Nature Show</p>	<h1>August 2022</h1> <h2>Wabash Line</h2>		

Kait is your Wabash Line Recreationist – ext. 376 or via email at kdyck@stthomas.ca