



# Sprouting Seeds

## Materials:

- Ziplock bag
- Lima Beans
- Coffee Filter

## Instructions

- Dampen the coffee filter
- Lay seeds on the filter and space them out
- Fold the filter over the seeds to keep the moisture all around the seeds
- Place in a plastic bag
- Put the plastic bag in a warm place and keep the towel damp until the seeds sprout.
- Leave your seeds to sprout, check on them occasionally to see if they need more water
- When you see the roots forming, open your coffee filters to give your sprouts room to grow
- Once leaves or a shoot start to form you can replant your sprouts in soil

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